



HIPPO 2022

10th International English Language Olympiad

IESOL Assessment Reading

RQF Level: Level 3

(CEFR Level: C2)

Candidate Booklet - Reading

HIPPO S19

Semi-Final Round 2022

INSTRUCTIONS FOR CANDIDATES:

- Do NOT turn over the page until instructed.
- This examination is made up of 3 TASKS.
- Answer all the questions.
- Remember to transfer your answers onto the answer sheet.
- Use only black or blue PEN.
- Dictionaries are NOT allowed.

Time allowed: 50 minutes

Total marks available: 40

Reading Task 1

Read the article and circle the best option to complete the text – a, b, c, or d. An example has been done for you.

Newtown Wildlife and Conservation Trust is an established environmental charity that has been working locally for over twenty years. We have **0)**_____ so much and now, with our new offices and a donation from the National Lottery, we are looking to **1)**_____ our programme of protection into new areas. We can only do this if you join us, so let us explain why you should support our worthy cause.

We believe that our relationship with nature is **2)**_____: we benefit from it and in return we have to give something back to ensure that it is healthy and thriving. Central to the Trust's aims is the need to **3)**_____ the threat to wildlife caused by the gradual expansion of human activities. We don't pretend to be able to **4)**_____ all the hazards that our animals face, but we will be the first line of defence.

Because all of our administrative staff work on a voluntary basis, the full amount of your donation will be allocated to frontline work protecting the environment. The **5)**_____ we generate is inspected by the Charity Commission, and last year we were awarded the highest rating for our commitment to spending money on projects. Our aim is to protect all living creatures, including insects and bugs, and not just charismatic animals such as bears or wolves. We work to overcome the common public **6)**_____ that if we see a lot of large animals, such as deer, then the environment is doing well. The only reliable way to establish that the environment is healthy is by looking at every aspect of the food chain, including the smallest creatures and indeed plants, **7)**_____ the animals at the bottom of the food chain rely on those.

The Trust is also involved in objecting to **8)**_____ developments that might threaten wildlife, such as certain new housing projects. You only need to look in the local papers to see that endless urban **9)**_____ is gradually destroying our beautiful countryside. We are not against all building as we recognise that new **10)**_____ is needed and can indeed be beneficial if the work is carried out sensitively. However, we have to remain **11)**_____ because you never can tell when a developer is going to try to amend their planning permission in an attempt to build more or bigger houses, so our team closely monitors any new developments.

So, if you want to protect your local wildlife, sign up today. We believe that nature should not be **12)**_____ to the demands of business, and by working together we can defend our land and animals, and build a better future for all.

- Example:** a) achieved b) rejected c) reported d) squandered
1. a) elaborate b) expand c) contract d) hinder
 2. a) unbalanced b) reversible c) reciprocal d) one-sided
 3. a) lessen b) restore c) introduce d) replace
 4. a) displace b) disregard c) exclude d) eliminate
 5. a) outcome b) reward c) revenue d) prosperity
 6. a) assurance b) sympathy c) misconception d) acquaintance
 7. a) if b) but c) while d) as
 8. a) complementary b) inappropriate c) unaffordable d) uncommon
 9. a) sprawl b) stretch c) spray d) slump
 10. a) infrastructure b) groundwork c) communication d) establishment
 11. a) significant b) tranquil c) vigilant d) relevant
 12. a) restricted b) subordinate c) equivalent d) comparable

Reading Task 2

Read the text and answer the questions below. Circle the correct option, a, b, c, or d. An example has been done for you.

People and animals need to play

Play is commonly associated with children, but in fact it occurs at all stages of human life, and among other higher-functioning animals as well, most notably mammals and birds.

Para. 2

Historically, many prominent researchers in the field of psychology mistakenly believed play to be GAP)_____ to the human species. They believed that play was crucial to human development and used different research methods to prove their theories. Sigmund Freud, a key figure in the history of psychology, often interpreted play as pointless. Yet what we know now, is that the player can be really focused on their objective, particularly when play is structured and goal-driven, as in a game, which leads to the development and enhancement of vital human skills.

What do children do when they play?

Play is not just an activity to pass the time; it has the potential to serve as an important tool in numerous aspects of daily life for children. Not only does play promote many aspects of physical development, such as hand to eye coordination, but it also aids in brain development and social skills. Play is something that most children participate in, but the way they engage with play is different between cultures.

Play that promotes learning and recreation often incorporates toys or tools, such as a simple stick found in the woods. Play can consist of amusing, often imaginary activities, alone or with another person. Using a substitute item during play allows rehearsals for future real-life events, such as 'playing doctors', or social encounters, such as parties with dolls. Having a physical item, even if it is not really the thing it is supposed to be, such as a stick for a gun, seems to add a lot to the play experience.

Adults still play like children

Para. 5

As children get older, they engage in board games and computer games, but the benefits of play for adults, more specifically, adults who spend a lot of time in the workplace, are often overlooked. Play in the context of a workplace refers to leisure-type activities with colleagues during breaks throughout the working day. Many adults in North America spend half of their waking hours in a workplace environment with little to no time for play. Studies show that work and play are mutually supportive and merit a commitment from employers. Employees need to experience the sense of discovering new things and liveliness that play provides, as well as a feeling of belonging. Play provides employees with the sense that they are GAP)_____ the organisation, and therefore they will feel and perform better. Incorporating play into work results in more productivity, higher job satisfaction, and improved social bonds, and it leads to a decrease in staff turnover, and absences and stress levels.

Paragraph 6 title

Para. 6 Just as there is evidence that children and adults benefit from playing, play is also associated with improved health and quality of life among older citizens. Elderly people can take part in physical exercise groups, interactive computer games, and social forums specifically focused on their needs and interests. Researchers investigating play in older adults are also interested in the benefits of technology and computer games when used as GAP)_____ tools. Studies show these outlets can lower the risk of developing particular diseases, reduce feelings of social isolation and stress, as well as promote creativity and the maintenance of mental skills. Studies suggest that in order to support and promote play within the older population, those caring for older people should set up more diverse equipment, improve conditions within recreational areas, and introduce more computer games or online forums that meet the needs of seniors.

What about animals?

Para. 7 Evolutionary psychologists who study animals believe that play must offer some important benefits, considering that there are many reasons why animals might avoid it. For example, animals can become distracted from predators because they are playing, sometimes with terrible GAP)_____. Play seems to be a normal activity with animals who are doing well in their lives, because they have abundant food and shelter. Animals who are not healthy, for example those who are stressed, injured or starving, generally do not play. However, in wild monkeys physically active play is still performed during periods of low food availability. Evolutionary psychologists think that this is because play supports the physical growth of the animal, which emphasises the developmental and evolutionary importance of play.

How do animals play?

When play behaviour was observed in a study of Tonkean monkeys, it was discovered that the monkeys use special signals during play and that these signals were used primarily as methods of sharing information and attracting attention. Observing the Tonkean monkeys playing allowed scientists to assess the welfare of the animal, its personal needs, social rank, and immediate relationships. Through copying, chasing, biting, and touching, animals will often send messages to one another; whether it's an alert, initiation of play, or expressing intent.

Para. 9 One theory - 'play as preparation' - was inspired by the observation that play often copies techniques used by adult animals to survive. Predators, such as lions and bears, play by chasing, fighting, and biting, as they learn to track and kill prey. Prey animals, such as deer and zebras, play by running and leaping as they develop greater speed. Mammals also practice kicking their back legs to learn to put off attackers. Youngsters are copying adult actions such as kicking and biting, GAP)_____ only to the extent that playmates do not generally injure each other. In social animals, playing might also help to establish dominance rankings among the young to avoid conflicts as adults.

Example: In paragraph 1, the author says that

- a) play happens throughout life.
- b) play is only for children.
- c) play is an outdated idea.
- d) play doesn't occur in birds.

13. In paragraph 2 , the best option to complete the gap is

- a) confined
- b) constricted
- c) enclosed
- d) expanded

14. What does the author say about Sigmund Freud's research into play?

- a) Freud used outdated research methods.
- b) Freud arrived at an incorrect conclusion.
- c) Freud overestimated the importance of play.
- d) Freud's research focused on games.

15. What does the author suggest about play for children?

- a) It is the same in every country.
- b) Its only purpose is entertainment.
- c) It helps children to relate to others.
- d) It can limit physical development.

16. The author suggests that toys or tools

- a) are best for children who play alone.
- b) are not as good as having the real thing.
- c) help to prepare for adulthood.
- d) rarely improve the play experience.

17. In paragraph five, the best option to complete the gap is

- a) integrated into
- b) promoted within
- c) excluded from
- d) unavailable for

18. What does the author say about adult play in the workplace?

- a) It is supported by only a minority of employers.
- b) It needs further research to be better understood.
- c) It is often looked unfavourably upon by employers.
- d) It influences the relationship between employee and employer.

19. The best title for paragraph six is

- a) Older people are suspicious of play
- b) Old people play too much
- c) Young and old should play together
- d) The elderly ought to play too

20. In paragraph six, the best option to complete the gap is

- a) diagnostic
- b) mechanical
- c) therapeutic
- d) traumatic

21. In paragraph seven, the best option to complete the gap is

- a) consequences
- b) concerns
- c) penalties
- d) products

22. Evolutionary psychologists have suggested that

- a) play is restricted to only well-fed animals.
- b) play distracts animals from securing adequate food supplies.
- c) animals are willing to make big sacrifices to play.
- d) play reduces stress levels in animals.

23. Which of the following is true of Tonkean monkeys?

- a) During play, they will not touch other monkeys.
- b) The main function of their play is to communicate.
- c) They use play to create rank and hierarchy.
- d) Biting is their most common form of play.

24. The 'play as preparation' theory suggests

- a) play is helpful to create stability within a group.
- b) animals often injure each other during play.
- c) play is more useful for predators than prey animals.
- d) prey animals can learn to be more aggressive.

25. In paragraph nine, the best option to complete the gap is

- a) albeit
- b) notwithstanding
- c) nevertheless
- d) whereas

26. Overall, which best describes the author's approach?

- a) He is highly critical of existing research.
- b) He is sympathetic to the other researchers in the subject.
- c) He has a point to prove but he lacks evidence to support it.
- d) He is neutral and balanced in the evidence presented.

Reading Task 3

Part A) Read the four texts and answer the questions below by indicating which text each question relates to: A, B, C or D.

An example has been done for you.

Text A

Acupuncture is a treatment derived from ancient Chinese medicine. It involves stimulating sensory nerves under the skin and in the muscles. Allegedly, this results in the body producing natural substances, such as pain-relieving endorphins, and these help patients recover. A course of acupuncture usually creates longer lasting pain relief, so this is recommended over a one-off visit to an acupuncture practitioner.

During the acupuncture session, you'll usually be asked to sit or lie down. You may also be asked to remove some clothes, so the practitioner can access certain parts of your body to insert fine needles. Insertion of the needles usually causes little discomfort, and each person who performs acupuncture has a unique style. The sessions usually last 35-50 minutes.

When it's done by a qualified practitioner, acupuncture is generally very safe. Rarely, some people experience mild, short-term side effects. The use of acupuncture is not always based on GAP) _____ scientific evidence. Some scientific studies suggest that in a few, very limited circumstances acupuncture can work and does help some patients recover, particularly from chronic pains.

Text B

Homeopathy is a treatment based on the use of highly diluted substances, which practitioners claim can cause the body to heal itself. A recent government report on homeopathy said that homeopathic remedies perform no better than placebos (a pretend treatment that has no medical benefits). There have been extensive investigations of the GAP) _____ of homeopathy, and they have concluded that no good-quality evidence exists that homeopathy works as a treatment for any condition. However, there is also no evidence it can do any serious damage.

It only dawned on me after reading extensively on the subject that the central principle of the treatment is that a substance that produces certain symptoms will also help to remove those symptoms. Another principle is based around a process of dilution called 'succussion', where practitioners believe that the more a substance is diluted, the greater its power to treat symptoms. Some remedies consist of substances that have been so diluted that there is practically none of the original ingredient left.

Homeopathy is used to treat an extremely wide range of conditions, including physical conditions such as asthma, and psychological conditions such as depression.

Text C

Osteopathy is a way of detecting, treating and preventing health problems by moving, stretching and massaging a person's muscles and joints. Osteopathy is based on the principle that the GAP) _____ of an individual depends on their bones, muscles, ligaments and connective tissue functioning smoothly together. There is some scientific evidence to suggest that osteopathy may be effective for some types of neck, shoulder or lower-limb pain, some types of headache, and recovery after hip or knee operations. Very few doctors would dismiss its value to some patients.

Osteopaths use a range of techniques, but not medicines or surgery. It does not involve taking any pills or cutting into any part of the body. Osteopaths are often confused with chiropractors. However, they are not the same. Chiropractors mainly focus on the spine. They believe that spinal health will eventually heal the whole body. Osteopaths, on the other hand, look at the whole body.

In the UK only people registered with the General Osteopathic Council (GOC) are allowed to practise as or call themselves osteopaths. The GOC seriously crack down on anyone who does not meet the right standards. It can suspend licences and prevent people working as osteopaths.

Text D

Reiki is a treatment that you probably won't find at your local hospital. A lot of GAP) _____ surrounds the treatment because clinical research has provided no evidence of any benefit, though some people claim that it delivers positive outcomes.

People who promote Reiki argue that injuries are places where energy is concentrated and Reiki can help release this energy, preventing illnesses. The practitioner places their hands on or over the specific area of the body and this apparently releases the energy. However, there isn't the slightest bit of hard evidence that this actually happens.

Those who support Reiki suggest that your contact with it shouldn't stop at the clinic door. It should encompass all of your life and is more a philosophy for living than a treatment. There are optimistic phrases such as 'just for today, do not worry' that you are supposed to repeat as you go about your day.

Some Reiki also uses crystals and healing wands, which are said to be good for drawing out negative energy. Again, one would be hard pushed to find the slightest scrap of evidence that suggested this was in any way effective, though I have to say, I can't see how waving your hands near someone can ever do any harm either.

Which text	Text
Example includes mention of the country of origin of the treatment?	A
27. says that the treatment that might give someone an adverse reaction?	-----
28. sometimes uses optional items to assist in the treatment?	-----
29. describes a treatment that involves some positive thinking?	-----
30. directly compares two treatments?	-----
31. describes the treatment that has the most scientific support?	-----
32. describes a treatment where the cause is also the cure?	-----
33. gives most information about the actual process of being treated?	-----
34. Says that it might be more beneficial to have multiple treatments?	-----

Part B) Now answer the following questions. Circle the correct option, a, b, c, or d.

35. In Text A, the best option to complete the gap is

- a) rigorous
- b) random
- c) indecisive
- d) concealed

36. In Text B, the best option to complete the gap is

- a) efficiency
- b) effectiveness
- c) prospects
- d) influence

37. In Text B the underlined phrase 'dawned on me' means

- a) I emphasised
- b) I achieved
- c) I admitted
- d) I realised

38. In Text C, the best option to fill the gap is

- a) remedy
- b) resolve
- c) wellbeing
- d) solution

39. In Text C, the underlined phrase 'crack down on' means

- a) remove from
- b) succeed at
- c) try to stop
- d) leave out

40. In Text D, the best option to complete the gap is

- a) conversation
- b) opposition
- c) agreement
- d) controversy

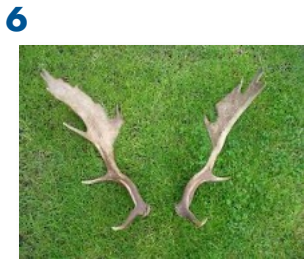
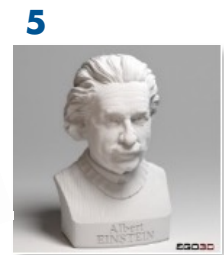
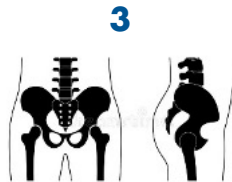
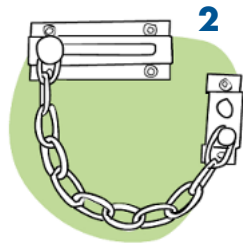
Candidate Number

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Date of Birth

D	D	M	M	Y	Y	Y	Y

2 Name the objects in the pictures.



1 _____
2 _____
3 _____
4 _____
5 _____

6 _____
7 _____
8 _____
9 _____
10 _____

3 Fill in the blank with one word. You are given the first letter of the word.

11 The fearless eagle s_____ high into the sky, undaunted by the approaching storm.

12 Animal h_____ is another word used for animal farming.

13 The only p_____ explanation I can provide is that

Candidate Number

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Date of Birth

D	D	M	M	Y	Y	Y	Y

14 Unfortunately, even today, some people feel p_____ toward different races.

15 To suggest that we may go in without reservation is a little bit n_____.

16 The c_____ of fixed wing aircraft dates back centuries when...

17 He p_____ tried to change my opinion but I didn't even consider...

18 We bought this c_____ sofa as we may sometimes use it as an extra bed.

19 The effect of the medicine was w_____ out and he started to feel bad again.

20 Many of today's gadgets wouldn't look out of p _____ in science fiction films.

4 Complete the second sentences so that they have a similar meaning to the first. Use the word given.

21 I passed the exam but only just. **scrape**
I managed _____ the exam.

22 I wonder why Lee quit his job. **prompted**
I wonder _____ his job.

23 You can see that they made a big effort with the school play. **deal**
You can see that _____ went into the school play.

24 There was a burning smell coming from the kitchen so I went to check on dinner. **smelt**
I _____ in the kitchen so I went to check on dinner.

25 We need business to improve soon or we won't survive this year. **pick**
If _____, we won't survive the year.

Candidate Number

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Date of Birth

D	D	M	M	Y	Y	Y	

26 My wife lost her temper when I told her that I had lost my ID. **handle**

My wife _____ when I told her that I had lost my ID.

27 The hotel bill was so expensive that my husband was livid about it. **arms**

My husband was _____ an expensive hotel bill.

28 Severely punishing students like that hardly ever has any effect. **book**

Hardly ever _____ students like that have any effect.

29 Don't you think we should decorate the room soon? **up**

Isn't it about time _____ the room?

30 I am sure she discussed this with Jim first. **word**

She _____ about this first.

Hippo Association use only

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